



# TPSNR

Article 14. Everyone has the right to seek and to enjoy in other countries asylum from persecution.  
THE UNIVERSAL DECLARATION OF HUMAN RIGHTS

## Psychosocial needs of refugees

War, conflicts, and other traumatic events have an impact on the mental health of refugees. Due to the forced nature of their migration, they will often be one of the most vulnerable groups in society while also being the most resilient. In order for refugees to develop a new normal life, to be psychosocially healthy and to integrate, a number of basic needs must be met. People who undergo traumatic experiences of war and conflict usually develop special needs for understanding, emotional resolution, security, a sense of belonging, and self-worth.

## Training content

The training improves skills around the psychosocial needs of refugees. After the completion of this training and having deepened it by taking use of the further readings, the learner is expected:

- > to be able to recognize the psychosocial needs of refugees
- > to improve the practical work with refugees.
- > to consider at what level interventions may be most appropriate and why.
- > consider culturally contextual intervention strategies in determining how best to support forced migrants.
- > acknowledge ways in which one's cultural biases may limit effectiveness.
- > understand how the psychosocial needs of forced migration may differ in some ways from the needs of other vulnerable populations.

## Training methodology

The training material can be studied online by single or group e-learners or can be taught by a teacher to a group of students. The methodology to be used is a practical and participative one. Each part contains several case studies, discussion questions, and additional resources.

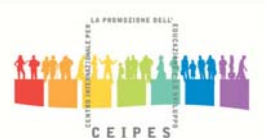
## Participating organizations



Ankara, Turkey. IHAD was founded by a group of lawyers, academics, and human rights activists. It is a human rights movement independent from states, governments, political and ideological groups, which conducts human rights research, follow up, monitoring, reporting, and publication activities.



Hamburg, Germany. iMiR mainly works in the field of science and research but also practically organizing different meetings, trainings, and conferences on topics like anti discrimination, equal rights for refugees and free access to education, work and public space for migrants and refugees.



Palermo, Italy. CEIPES promotes the education and development of young people and adults through activities in education, training, culture, nonviolence, interculturality, solidarity, human rights, active citizenship, international cooperation, and promote services.



Barcelona, Spain. RESPECT Refugees Europe raises awareness among international youth about refugees and refugees' issues, encourages activism and further empower refugee children and communities through letter and cultural exchange. It works intensively in capacity building, giving online trainings to NGOs and volunteers in developing countries as well as in Europe.

## Training and raising awareness

This course is intended to train in a practical and easy way professionals working with migrants and refugees.

The training explicitly focuses on the psychosocial needs of refugees and hence fills a gap in existing training programs about migrations.

The training is directed towards human rights activists, psychologists, psychiatrists, UN staff, civil servants, consultants working in the field of refugees and asylum, translators/interpreters, journalists, teachers, doctors, mediators, NGO workers, lawyers, students, religious staff, etc.

*The course is available  
for free downloading:*

[http://respectrefugiados.org/EN/  
training-on-psycho-social-needs-of-refugees/](http://respectrefugiados.org/EN/training-on-psycho-social-needs-of-refugees/)

[www.psycho-socialneedsorefugees.eu](http://www.psycho-socialneedsorefugees.eu)



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# Training on psycho-social needs of refugees



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iMiR, Germany  
CEIPES, Italy  
RESPECT Refugees Europe, Spain