



Article 14: Everyone has the right to seek and to enjoy in other countries asylum from persecution.

THE UNIVERSAL DECLARATION OF HUMAN RIGHTS

Training on psycho-social needs of refugees

Psychosocial needs of refugees

War, conflicts, and other traumatic events have an impact on the mental health of refugees. Due to the forced nature of their migration, they will often be one of the most vulnerable groups in society while also being the most resilient. In order for refugees to develop a new normal life, to be psychosocially healthy and to integrate, a number of basic needs must be met. People who undergo traumatic experiences of war and conflict usually develop special needs for understanding, emotional resolution, security, a sense of belonging, and self-worth.

Training content

The training improves skills around the psychosocial needs of refugees. After the completion of this training and having deepened it by taking use of the further readings, the learner is expected:

- > to be able to recognize the psychosocial needs of refugees
- > to improve the practical work with refugees.
- > to consider at what level interventions may be most appropriate and why.
- > consider culturally contextual intervention strategies in determining how best to support forced migrants.
- > acknowledge ways in which one's cultural biases may limit effectiveness.
- > understand how the psychosocial needs of forced migration may differ in some ways from the needs of other vulnerable populations.

Training methodology

The training material can be studied online by single or group e-learners or can be taught by a teacher to a group of students. The methodology to be used is a practical and participative one. Each part contains several case studies, discussion questions, and additional resources.

The course is available for free downloading:

<http://respectrefugiados.org/EN/training-on-psycho-social-needs-of-refugees/>

www.psycho-socialneedsofrefugees.eu



IHAD, Turkey
iMIR, Germany
CEIPES, Italy
RESPECT Refugees Europe, Spain